



THE ZAMAN FOUNDATION TIMES

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100% OF YOUR DONATIONS GO TO CHARITY. PRIVATE DONORS COVER ALL ADMINISTRATIVE COSTS. THANKS TO SEFAM GROUP OF COMPANIES

HELPING PEOPLE HELP THEMSELVES



Head of ILM Fund, Mr. Babar Aziz Lone (left) and CEO Zaman Foundation, Mr. Omar Zaman (right), sign an MOU to provide scholarships to students for higher education at University of Management and Technology.

ZF'S 2021, WRAPPED!

Zaman Foundation launched its 9th water filtration plant in Punjab; got registered with the Charity Commission UK; secured the EAD, Ministry of Finance, Government of Punjab certificate; entered into a collaboration with Pakistan's largest scholarship fund for advancing equitable access to higher education; signed a MOU with Sybrid, the largest BPO service company in Asia, for a unique web application to alleviate poverty nationwide and across; got audited by EY Ford Rhodes and above all, directly benefitted an estimated 137,739 individuals by offering humanitarian relief services, with our vision to transform Pakistan into a beacon of peace, prosperity and hope for the world.

Here's to entering 2022 with a greater resolve and higher goals!

Step into 2022 with the gifts of love, warmth and compassion for those in need through charity.

[Donate Now](#)

OUR PROGRESS IN 2021:

6.9 MILLION
LITERS OF CLEAN
DRINKING WATER

1,277,500
FREE MEALS SERVED

1553
STUDENTS HELPED

1057
PATIENTS HELPED

1029
FAMILIES HELPED WITH
RATION AND STIPENDS

**"Every act of kindness is
charity."**

– Sahih Bukari

TO ALL, A HAPPY NEW YEAR! GIVE YOUR SADAQA FOR 2022!

ZF'S POP-UP GLOSSARY!

ACCESS MANAGEMENT

Access Management refers to helping citizens of Pakistan access government's top welfare schemes such as Sehat Sahulat Card, Social Security Card, Ehsaas Ration Program, Ehsaas Scholarship Program etc.

EDUCATION

ZF JOIN HANDS WITH PAKISTAN'S LARGEST ILM FUND

ZF has taken a huge step towards providing equitable access to quality education to students from humble backgrounds.

[READ MORE ON PAGE 2](#)

WFP

ZF BECOMES A SOLAR STEWARD WITH ITS LATEST WATER PLANT

100% solar powered reverse osmosis water filtration plant has been launched by ZF in Hasilpur. 35,000+ liters of clean drinking water produced monthly benefit over 5000 people on a daily basis.

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**sab
saath**
A PROJECT OF ZAMAN FOUNDATION

WHAT'S COOKING IN 2022?

If you haven't by now, subscribe to <https://www.facebook.com/SabSaath.org> to catch exclusive news and updates on Sab Saath. Already launched as a Covid-19 relief platform with a roaring success, Sab Saath may now revolutionize the way you think "Charity". Stay tuned!

EDUCATION



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On 6th December 2021, Zaman Foundation signed a MOU with University Of Management and Technology's ILM FUND - Pakistan's largest indigenous scholarship fund - to collectively provide need-based and merit-based scholarships to students for higher education.

65 young boys and girls from low-income families get assistance from Zaman Foundation for primary and secondary education at the Scholars School System, situated at Badami Bagh, Lahore.



Lahore: Girls at the Scholars School System participate in a team-building exercise

IMPACT

DURING OCT – DEC 21, ZF SCHOLARSHIP FUND WAS GRANTED TO:

- 1317** PRIMARY AND SSC STUDENTS
- 134** HIGHER EDUCATION STUDENTS
- 102** STUDENTS GOT FREE CAREER COUNSELING AND ACCESS MANAGEMENT

*During Covid-19, we are sending instant payments electronically on ID cards, as and when applicable

BREAKING BARRIERS!

Shifa is one of five daughters of a rickshaw driver. None of the children, boys or girls, in her family attended school. Shifa is the first child in her family who, against all odds, chose not to forego the idea of a formal education simply because her father couldn't afford it. Why? Shifa has dreams; dreams of a better living standard for her family that does not require them to seek assistance from Zaman Foundation.

A 90% scholarship from ZF is helping her pursue a Bachelor's in Psychology at Pak Indus Institute, Lahore. Shifa is a brilliant student. So far, she has been able to keep an impressive 3.5 CGPA.

PATHWAYS TO WOMEN'S ECONOMIC EMPOWERMENT

With a vision to enhance livelihoods in remote communities of Hajikot and Islam Nagar, 61 girls are being professionally trained for stitching and tailoring at ZF's VTC. Check out these stellar outfits, stitched and hemmed by our super talented trainees.



Hajikot: Cut, designed, stitched and hemmed by trainees at ZF's vocational training center.

HEALTH

In Oct – Dec, 2021, 707+ patients and their families directly benefitted from a 100% healthcare assistance from Zaman Foundation. ZF's partner hospitals and honorable panel of doctors performed 2 hip-joint replacement surgeries; a foot surgery; ankle surgery; cataract operation; devised a prosthetic limb; a back surgery and an esophageal stent replacement, among numerous other life-saving surgeries.

IMPACT

671 PATIENTS WITH MEDICINAL SUPPORT AND HEALTHCARE ACCESS MANAGEMENT

26 PATIENTS WITH SURGICAL INTERVENTIONS

10 FAMILIES WITH DRUG REHABILITATION SERVICES



Sikandar Azam's post-op check-up with Dr. Sohail Muzammil at Doctor's Hospital.

GETTING IN THE GROOVE!

100% healthcare assistance by ZF made it possible for Sikandar Azam, a former golf caddy, to get a hip-joint replacement surgery. A special thanks to Dr. Sohail Muzammil's exceptional expertise which helped Sikandar get back on his feet. After a six-year long hiatus, Sikandar is all geared up to resume work.

STEP INTO 2022 WITH THE GIFTS OF LOVE, WARMTH AND COMPASSION FOR THOSE IN NEED THROUGH CHARITY.

[Donate Now](#)

BUILDING HOMES, CHANGING LIVES!

A widow for 13 years with two daughters, without a penny to her name or any decent means of income, pleaded Zaman Foundation to help her build a house. As luck would have it, one of our generous donors donated a lump sum amount to be used for building houses for those in need of shelter in Pakistan. Here we are, standing as a bridge between the helping hand and the needy hand!

RELIEF

IN OCT – DECEMBER 2021,

322,000+ FREE MEALS SERVED TO DAILY WAGERS

1029+ FAMILIES PROVIDED WITH RATION AND ACCESS MANAGEMENT TO GOVERNMENT'S EHSAA'S RATION PROGRAM

23 FAMILIES RECEIVED WEDDING FUNDS

11 INDIVIDUALS RECEIVED LIVELIHOOD ASSISTANCE

Wedding funds offer a basic allowance to low-income families worth PKR 15,000/- to cover food expenses for 150 people. As eligibility criteria, we require a female to be at least 20 years old, and a male must be at least 21 years old with one year of work experience

Livelihood assistance offer financial and technical assistance to individuals to revitalize their businesses



4th December 2021: CEO Zaman Foundation, Mr. Omar Zaman, breaking the ground for the construction of Marina Ali's house.



Lahore: Daily wagers enjoying their evening meals at ZF's partner soup kitchen in Shah Jamal.

**EVERY MONTH, 100,000+ FREE MEALS ARE SERVED ON A WALK-IN BASIS AT ZF'S PARTNER SOUP KITCHENS.
START YOUR YEAR WITH SHARING A MEAL FOR JUST PKR 65/-**

WATER FILTRATION PLANTS

Provide fresh, clean drinking water and save lives. This is the best form of Sadaqa-e-Jaaria!



Hasilpur: ZF's first solar-powered reverse osmosis water filtration plant was launched in Hasilpur on 6th November, 2021.

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Reserve batteries are used as back up to ensure that the energy provided is 100% solar. Our filtration plants produce enough water to serve residents of surrounding communities too.

WHO IS MAINTAINING ZF'S WFPS?

ZF's solid framework for community engagement ensures that community members take full ownership of the maintenance and safe-keeping of the plant. This framework is the underlying reason for the success of all our 9 water filtration plants.

IMPACT DURING OCT – DEC, 2021, WATER CONSUMPTION AND OVERALL IMPACT OF 9 WFPS AMOUNTED TO

2,126,250 LITERS OF CLEAN DRINKING WATER REACH

6300+ IMPOVERISHED FAMILIES THROUGH ZF'S

9 WATER FILTRATION PLANTS

None of this was possible without your support, so thank you for being an important part of the ZF community.

SADAQ-E-JAARIA PROJECTS

Do you want to start a sadaqa-e-jaaria project for your loved one? We've got your back! Zaman Foundation can help you set up a water filtration plant in impoverished communities across Pakistan.

Get in touch with us write away at 042-111-222-500



**FEELING GENEROUS?
BECOME A SUSTAINING PATRON!**

PKR 12,000

will fund a child's education for 1 year

PKR 5,000

will feed a family of 7 for 1 month



MISSED YOUR ACT OF KINDNESS TODAY?

Share a meal at just PKR 65/- right away!

**YOUR MODEST DONATIONS CAN HELP
SAVE AND TRANSFORM LIVES.**

SADAQA | ZAKAT | DONATIONS

Bank: Bank Al Habib

Title: Zaman Foundation

Bank Account No: 0065 0081 01144401 3

IBAN: PK26 BAML 0065 0081 01144401

Swift code: BAHLPKKAXXX

All that is with you is bound to come to an end, whereas that which is with God is everlasting."

Surah Al-Nahl 16:96

OUR STORY

In the aftermath of the devastating earthquake in Kashmir in 2005, Hamid, Sarah and Tariq Zaman, along with a few close friends, immediately departed for the crushed northern areas of Pakistan to assess the damage and to evaluate how best to help the ravaged communities of Kashmir.

It was in helping the communities in the north, in rebuilding their homes and villages that the Zaman Foundation officially came into being in 2005, with the aim of being a source of relief and support to the underprivileged and less fortunate.

Rather than just providing a lump sum of capital to the communities and then moving on, the Zaman Foundation partnered with local community leadership and made sure that they themselves were the instruments of their rejuvenation and rehabilitation, physically and mentally rebuilding themselves after a great upheaval.

To ensure a lasting change, 150 earthquake-resistant homes were built. People were hired as daily wagers to build their own homes. This not only engaged distressed people and gave them hope, it also helped rebuild the economy that had grossly collapsed. Since then, “helping people help themselves” has been the driving principle of Zaman Foundation.



Hamid Zaman
Founder and Managing
Trustee



Sarah Zaman
Chairperson



Tariq Zaman
Trustee



J.A. Zaman (late)
Ex-Trustee



Mustafa Zaman
Trustee

WHAT WE BELIEVE

“My Father believed, as do Sarah and I that our country has provided us with such immense opportunities and bounties that it is our moral obligation to give back to our community in any way that we can. A large proportion of our population lives in severely challenging conditions, with limited access to even the most basic facilities and amenities, such as education, healthcare and clean drinking water.

Our ethos has always been to help people help themselves, as the old adage goes, “give a man a fish, and feed him for a day. Teach a man to fish, and feed him for a lifetime”. This we have followed from the start, when we joined hands with communities in Kashmir following the devastating earthquake of 2005, to rebuild entire villages and settlements flattened that Dark October.

That project was an eye-opening one; I realized that people want nothing more than the affirmation of helping themselves

stand on their own feet. Since then, we have been partnering with the leaders and councils of communities across Pakistan to help them address their basic, collective needs such as access to education and basic health care.

In the 16 years that the Zaman Foundation has been active, with each successfully concluded project, we feel ever more strongly that, despite our best efforts, the work we do is but a drop in the bucket. There is so much more to be done, so much more depth to dig.

It is our hope that The Most Merciful and The Most Bountiful of Givers, continues to strengthen our hands and our resolve to reach out to those who are less fortunate than us.”

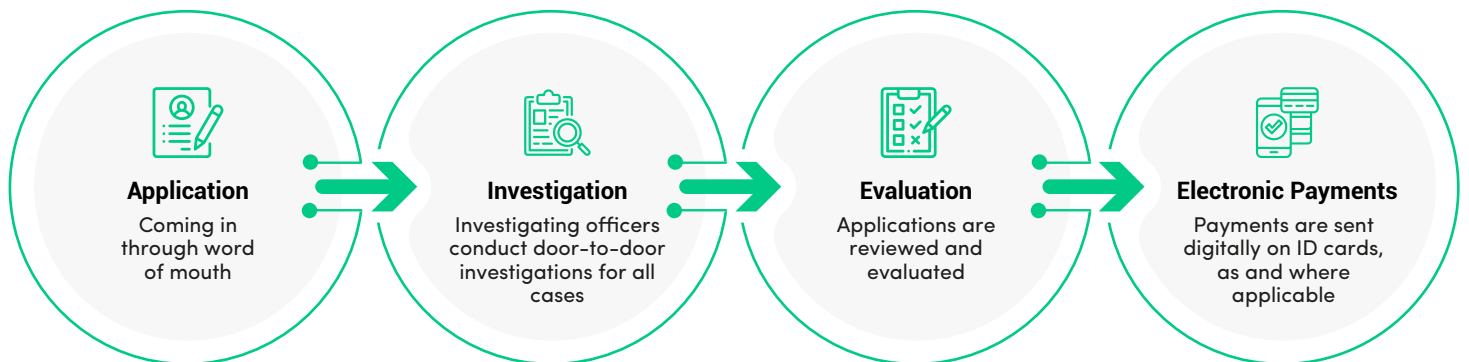
- Hamid Zaman, Managing Trustee

WHAT WE DO

Over the years, we have branched our relief initiatives into 4 official domains: education, healthcare, relief work and water filtration. We aim to give people hope, relieve them of misery, and provide substantial means to those who are determined to become agents of change, rejuvenation and rehabilitation for themselves and their families. Zaman Foundation provides assistance without discrimination on the basis of cast, creed, gender or political affiliations.

HOW WE DO IT

Our Application Process



100% of your donations go to charity. Private donors cover our overhead costs.



Easily accessible, instant electronic payments are sent on ID cards, wherever applicable, to ensure convenience and transparency.



To guarantee that payments are used as intended, we liaison with institutions for direct correspondence.



Thorough investigation policy ensures genuineness of each case.



Holistic approach to charity: building sustainable communities, one family at a time.



We go the extra mile to connect people to other organizations, lest the application does not fall in the organizational capacity of Zaman Foundation.

FOR A CLOSER LOOK AT OUR ASSISTANCE PROGRAMS, LOG ON TO

www.zamanfoundation.pk